

BCS Week 1 Menu Winter 2022 (w/c 21st November 12th December)



The Blue Coat School

Founded by the Church of England in 1722

| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Main Meal | Soup of the day Jacket Potato Bar Beef Chilli Halal Beef Chilli Vegetarian Chilli Cottage and Cheddar Cheese Coleslaw Steamed Sweetcorn and Broccoli | Soup of the Day Pork and Leek Sausages Halal Chicken Sausages Vegetarian Sausages Creamy Mash Caramelised Red Onion Peas and Green Beans Gravy | Soup of the Day Roast Chicken Halal Roasted Chicken Quorn Filets Stuffing and Seasoning Roast Potatoes Peas and Carrots Gravy | Soup of the Day Chicken Tikka Masala Halal Chicken Tikka Masala Vegan Masala Brown and White Rice Garlic and Coriander Naan Steamed Greens Cauliflower | 'BCS Fish and Chip Shop' Sustainable Battered Fish and Chips Steamed Fish Fillets in Herb Butter MSC omega 3 Breaded Fish Fingers Vegan Nuggets Cheese and Onion Pasties Chips, Beans ,curry sauce and Mushy Peas |
| Halal | | | | | |
| Vegetarian | | | | | |
| On the side | | | | | |
| Chefs Extra | Chefs 50/50 Pasta Dish | Chefs 50/50 Pasta Dish with Tomato and Herb Sauce | Jackets with Cheese and Beans | Chefs 50/50 Pasta with Roasted Vegetable Sauce | Macaroni Cheese and Butternut Squash Bake |
| Dessert Everyday | Jam and Coconut Sponge A selection of fruits and yoghurt and Cold Dessert Pots | Toffee Apple Crumble with Custard A selection of fruits and yoghurt and Cold Dessert Pots | Spinach and Coconut Tray bake with Frosting A selection of fruits and yoghurt and Cold Dessert Pots | Chocolate Chip Cookie Bar A selection of fruits and yoghurt and Cold Dessert Pots | Red Velvet Cake with Cream Cheese A selection of fruits and yoghurt and Cold Dessert Pots |

BCS Week 2 Menu Winter 2022 (w/c 7th November, 28th November)



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| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Main Meal | Soup of the Day Pork and Root Vegetable Hot Pot | Soup of the Day Chicken Sharwama | Soup of the Day Pork Sausages | Soup of the Day Sweet Chilli Chicken | <u>'BCS Pizza Day'</u> |
| Halal | Halal Chicken and Root Vegetable Hot Pot | Halal Chicken Sharwama | Halal Chicken Sausages | Halal Sweet Chilli Chicken | Margherita |
| Vegetarian | Vegan Hot Pot | Meat Free Chicken Sharwama | Vegan Sausages | Roasted Squash and Cauliflower with Sweet Chilli Sauce | Pepperoni |
| On the side | Crispy Potatoes Green Beans Cauliflower | Seasoned Wedges and Pitta Breads House Slaw, Peppers and Sweetcorn Mint Yoghurt | Roasted New Potatoes Yorkshire Puddings Broccoli Carrots Gravy | Chop Suey Noodles Stir Fried Vegetables Sweetcorn | BBQ Chicken Ricotta, Spinach and Sun Dried Tomato Home Fries Slaw |
| Chefs Extra | Jackets with Cheese and Beans | Chefs 50/50 Pasta Dish | 50/50 Pasta with Cheddar Cheese Sauce | Jackets with Cheese and Beans | Chefs 50/50 Pasta Bake |
| Dessert Everyday | Marbled Berry Cake A selection of fruits and yoghurt and Cold Dessert Pots | 'Boosted' Flapjack Bars A selection of fruits and yoghurt and Cold Dessert Pot | Ginger, Cinnamon and Hidden 'Vegi-Bake' Cake A selection of fruits and yoghurt and Cold Dessert Pot | Sticky Toffee Pudding with Custard A selection of fruits and yoghurt and Cold Dessert Pot | Chocolate Crunch Bars A selection of fruits and yoghurt and Cold Dessert Pot |

BCS Week 3 Menu Winter 2022 (w/c 14th November, 5th December)



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| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Main Meal | Soup of the Day Beef Bolognese Halal Beef Bolognese Vegan Bolognese Tomato Ragu Sauce 50/50 Pasta Toasted Garlic Bread Peas Sweetcorn | Soup of the Day Char Sui Chicken Thighs Halal Char Sui Chicken Thighs Quorn Char Sui Tenders Chinese BBQ Sauce Steamed 50/50 Rice Broccoli Florets Sweetcorn | Soup of the Day Roast Gammon Halal Roasted Turkey Breast Meat Free Chicken Drumsticks Roasted Potatoes Courgettes Cauliflower Rich Gravy | Soup of the Day Cottage Pie Halal Cottage Pie Lentil and Root Vegetable Pie Mashed Potato Topping Steamed Carrots Peas | 'BCS Fish and Chip Shop' Sustainable Battered Fish and Chips Steamed Fish Fillets in Herb Butter MSC omega 3 Breaded Fish Fingers Vegan Nuggets Pastry Turnovers Chips, Beans ,curry sauce and Mushy Peas |
| Halal | | | | | |
| Vegetarian | | | | | |
| On the side | | | | | |
| Chefs Extra | Jackets with Cheese and Beans | Chefs 50/50 Pasta Dish | Chefs 50/50 Pasta Dish | Jackets with Cheese and Beans | Macaroni and Sweet Potato Cheese Bake |
| Dessert Everyday | St Clements Drizzle Cake A selection of fruits and yoghurt and Cold Dessert Pots | Apple and Pear Crumble with Custard A selection of fruits and yoghurt and Cold Dessert Pots | Carrot Cake with Frosting A selection of fruits and yoghurt and Cold Dessert Pots | Homemade Shortbread A selection of fruits and yoghurt and Cold Dessert Pots | Chocolate Brownie A selection of fruits and yoghurt and Cold Dessert Pots |